

# CSC & PBSC FELLOWSHIP CUP

## 2010 INVITATION & INSTRUCTIONS

### INTRODUCTION:

The Fellowship Cup was created in 2007 by a combined effort of the Castaway's Sailing Club and the Palm Beach Sailing Club to encourage more offshore sailors to get out to race in a friendly competition between the two clubs. The racing is not restricted to club members. All sailors regardless of affiliation and skill level are encouraged to participate. The Fellowship Cup consists of three series of race events, which are held throughout the year. Each Series is contested and scored independently for individual prizes. The "Fellowship Cup" is a perpetual trophy, which is awarded to the club whose members' boats accumulate the most points for the three series combined. Fellowship Cup points are awarded for each finishing yacht.

Three different series consisting of twelve (12) race dates will run throughout the year. Each Series is made up of four (4) events (usually held one Sunday/month). Each event may consist of multiple races based on current weather and wind conditions. Races are scored toward individual and Fellowship Cup awards. Courses will be determined by the Race Committee depending on the conditions on race day.

There are three separate fleets: PHRF (spinnaker), JAM (jib and main), and Multi-hull. Each class will compete for class trophies and be scored separately. In mid December, at a special dinner event, all three of the series awards will be given to individual classes and the Fellowship Cup will be awarded to the winning club.

### 2010 Schedule

#### Series I:

Jan 10:	Event 1	1300 start time – PBSC Race Committee
Feb 7:	Event 2	1300 start time – CSC Race Committee
Mar 7:	Event 3	1300 start time – PBSC Race Committee
Apr 18:	Event 4	1300 start time – CSC Race Committee

Note: Each Event may have multiple races as conditions permit.

#### Series II:

May 2:	Event 5	1300 start time – PBSC Race Committee
Jun 13:	Event 6	1300 start time – CSC Race Committee
Jul 11:	Event 7	1300 start time – PBSC Race Committee
Aug 15:	Event 8	1300 start time – CSC Race Committee

Note: Each Event may have multiple races as conditions permit.

#### Series III

Sep 12:	Event 9	1300 start time – PBSC Race Committee
Oct 17:	Event 10	1300 start time – CSC Race Committee
Nov 14:	Event 11	1300 start time – PBSC Race Committee
Nov 27:	Event 12	1300 start time – CSC Race Committee

Note: Each Event may have multiple races as conditions permit.

1. **ENTRIES:** Applicants will be accepted by submitting a Release of Liability & Entry Form (Attached), a 2009 or 2010 handicap Certificate from SFPHRF for mono-hulls or a MASF certificate for multi-hulls, along with the entrance fee of \$100 for the complete season or \$50 per series. You may change classes or club affiliation prior to the first race in a Series but not during a series. Anyone needing assistance to apply for a Handicap Certificate contact either Bob Gebbia CSC/P.R.O. or Ed Crawford, PBSC/Fleet Captain. All applications are due prior to the start of a series. Make your checks payable to **Castaways Sailing Inc.** Attention Fellowship Cup, and send your applications to: Karen Luscomb, Treasurer, Castaways Sailing Inc.

**Note:** SFPHRF has changed the measuring criteria for 2009 making older certificates questionable. Yachts not having a current certificate are subject to the Race Committee assigning a handicap based on the best average handicapping data available.

2. **RULES:** Races will be governed by the ISAF Racing Rules of Sailing 2009-2012 available via <http://www.sailing.org/tools/documents/RRS2009-2012-%5B5950%5D.pdf>, the prescriptions of US Sailing, the USSA Appeals, the JYRU Interpretations and Class Rules except as modified herein.
3. **NOTICES TO COMPETITORS & NOTICE OF RACE:** This document constitutes the Notice to Competitors and the Notice of Race. Any major modifications to these instructions will be distributed by e-mail to registered yachts. Verbal instructions or instructions broadcast over VHF channel 72 prior to the warning signal shall supersede any previous instruction. All yachts intending to race must sail close aboard the committee boat, outboard of the start line, prior to the first warning, to receive last minute written or verbal instructions. It is the sole responsibility of each skipper to be familiar with the particulars of any race and to check in prior to their race start.

a. **VHF RADIO COMMUNICATION:**

The use of channel 72 to announce race information is a courtesy to the competitors and should not be used as a substitute for passing alongside and receiving verbal instructions. The race committee may be set on station before giving instructions, and racers should wait until the committee boat is ready before asking for instructions.

Race committees need time to record the racers sail numbers, drive the committee boat, set the marks, calculate distances, assess the wind, and get ready for the starting sequence, etc. Competitors should use another channel for ship to ship conversation to eliminate talk over. Prudent use of Channel 72 will help all competitors to receive timely course information over the radio. RC instructions will normally be repeated twice per transmission to help insure accuracy.

4. **RACING AREA:** The **Outside racing** area will be in the Atlantic Ocean, starting North or South of the Lake Worth Inlet. The **Inside racing** area is on Lake Worth, South of Peanut Island. Weather dictates the racing area and will be announced on event day using Channel 72 no later than one (1) hour prior to the warning signal.
5. **THE OUTSIDE COURSES:**
  - 5.1 The attached diagrams illustrate general courses to be sailed. They are labeled **Alpha, Bravo, Charlie, Delta, Echo, and Foxtrot.**
  - 5.2 Code flags signifying the course may be flown from the committee boat.
  - 5.3 **MARKS:** Course marks may be a combination of government marks, permanent club marks, and/or orange or yellow inflatable marks.

The designations for the various marks will be as follows:

RB-1: Lake Worth Inlet Outer Marker RW "LW" Mo (A) (Red and White)

RB-2: Lake Worth Inlet Fl R Bell Buoy “R2”

RB-3: Worth Ave Club Mark

RB-4: Orange or Yellow inflatable mark

RB-5: Orange or Yellow inflatable mark

- 5.3.1 The marks for each race and the GPS coordinates of all non government marks will be announced prior to the warning signal for each race. There may be different courses for different classes.
- 5.4 The course may be shortened at any mark of the course in accordance with Part 3 RULE 32 Shortening or Abandoning after a Start.

## **6.0 THE INSIDE COURSES:**

The attached diagrams illustrate general courses to be sailed. When sailed inside they will be identified as Alpha Inside, Bravo Inside, Charlie Inside, etc..

6.1 Code flags signifying the course may be flown from the committee boat.

6.2 **Inside MARKS:** Course marks may be a combination of government marks, or orange or yellow inflatable marks. The course to be sailed, the marks to be rounded, and the Start & Finish location will be announced by the committee boat prior the Warning Signal. There may be different courses for different classes.

The designations for the various marks will be as follows:

IN-6: R”4” (Lake Worth east side- navigation mark)

IN-7 R”6” (Lake Worth east side – navigation mark)

IN-8 G”3” (Intra-coastal mark)

IN-9 FL G 4sec “5” (Intra-coastal mark)

IN-10 Orange or Yellow inflatable mark

IN-11 Orange or Yellow inflatable mark

## **7. THE STARTS:**

- 7.1 Races will be started in accordance with Part 3 Paragraph 26 of the Racing Rules, with classes scheduled to starting at five minute intervals in the order of PHRF, JAM, and Multi-hull. A combined start is possible depending on the number of participants at Race time and will be announced prior to the Warning signal
- 7.2 The starting line will be between a staff displaying an orange flag on the race committee boat and the starting mark.
- 7.3 Yachts whose preparatory signal has not been made shall keep clear of the starting area and of all the yachts whose signal has been made. The starting area is defined as a region extending 50 yards from each side and 100 yards behind the starting line.
- 7.4 When more than one race is announced per event, subsequent starting sequences will commence as soon as possible after the last yacht has finished the previous race.

**8. RECALLS:**

**8.1** Individual recalls will be signaled, in accordance with Racing rule Part 3 – 29.1, by flying Code Flag X. VHF Channel 72 or verbal hails may also be used as a courtesy to competitors.

**8.2** General recalls will be signaled in accordance with racing rule Part 3 – 29.3. When a general recall has been signaled, a new preparatory signal will be made one minute after the lowering of code flag "First Substitute" with one sound signal.

**8.3** When a general recall has been signaled, the starts for succeeding classes will be postponed accordingly.

**9. THE FINISH:** The finish line will be between a staff displaying an orange flag on the committee boat and the finishing mark.

**10. TIME LIMIT:** The limit will be 2 .5 hours per race for each class. A Yacht finishing within the time limit makes it a race for all Yachts in Class.

**11. PROTESTS:** Written protests must be in the hands of that day's race committee or chairman within 24 hours of the last finishing yacht. Protest hearings will be held as soon as practical at a place and time announced by the protest committee. Protest forms and procedures are available from web site; <http://www.sailing.org/tools/documents/RRS2009-2012-%5B5950%5D.pdf>

**12. ALTERNATIVE PENALTIES:** Yachts breaking a Rule of part 2 may resolve themselves by making 720 degree turn penalty as outlined under Other Requirements of Racing Rule 44. Yachts touching a starting mark or a mark of the course may take a 360 penalty turn under Other Requirements of Racing Rule 44.

**13. SCORING:** Series Individual honors: All yachts finishing a race will receive points in the following manner. First place – total of yachts entered + 1/2point, second place- total of yachts entered -1 point, third place – total of yachts entered –2 points, etc. The yacht with the highest number of points for a series is first, the next highest number is second, etc.

**Fellowship Cup Points: Yachts will be scored by Club affiliation. The accumulative totals for all yachts within a Club, for all series, will be added together towards Fellowship Cup Points. The Club with the most points for the year is awarded the Fellowship Cup.**

**14. AWARDS** (per class per series):

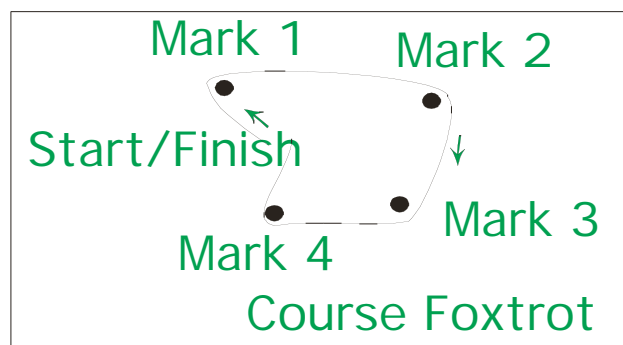
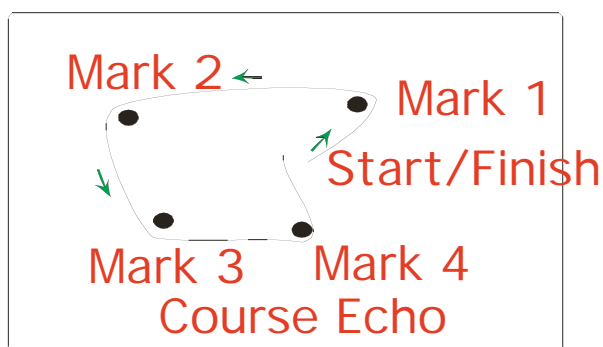
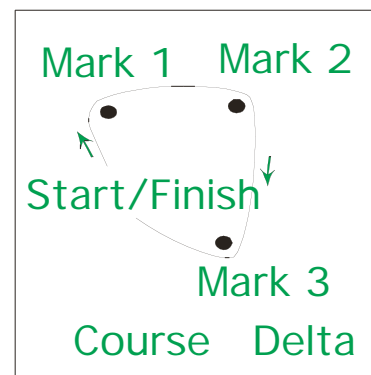
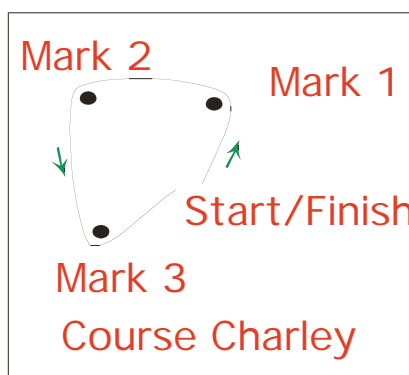
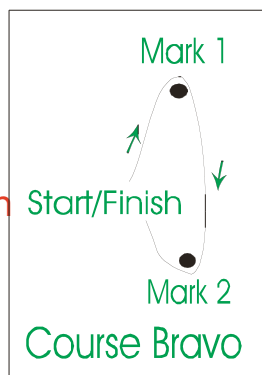
1-3 entries: 1 trophy

4-6 entries: 2 trophies

7-10 entries: 3 trophies

10 or more: 4 trophies

# Fellowship Cup Race Course Information



## Mark Identification

RB-1 is RW" LW" Mo (A)	N 26 46.407 W 80 00.592
RB-2 is R"2"	N 26 46.400 W 80 01.414
RB-3 is Worth Ave Club Buoy	N 26 42.158 W 80 01.664
RB-4 is Orange Club Buoy	
RB-5 is Orange Club Buoy	

## Class Flags

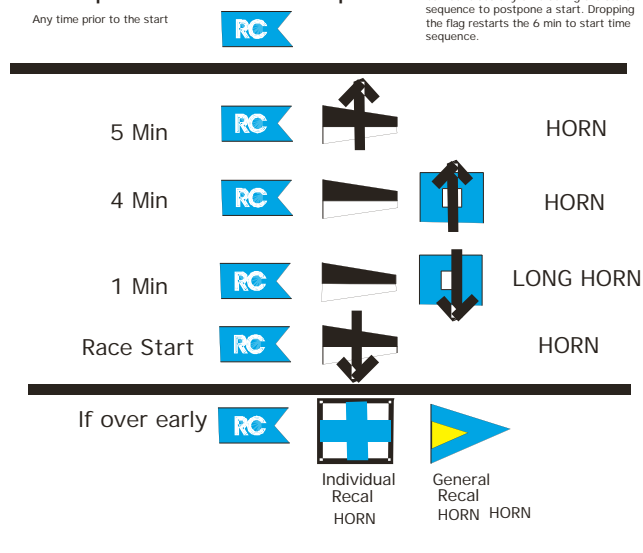
Spinnaker	
Jam	
Multi	

## Flag Sequence Spinnaker Start Depicted

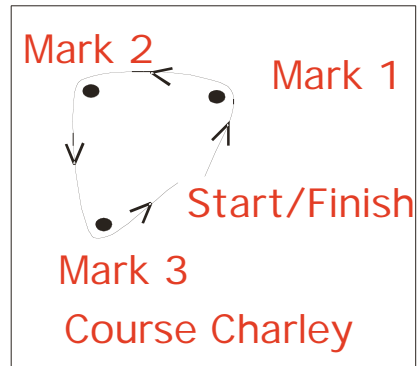
Any time prior to the start



Can be raised any time during the start sequence to postpone a start. Dropping the flag restarts the 6 min to start time sequence.



## Example of a Course Description on Race Day



The Race Course for Race 1 January 1<sup>st</sup> for all classes is **Charley** - All marks rounded to port.

Race Committee GPS time is 1253 --- mark!

Start Sequence is delayed to 1335 – note AP flag.

All classes separate start

Start location: -- Lat 26 44. 635 -- Lon 80 01. 113

Mark 1 is **RB-4** Orange Drop Mark --- Lat 26 45.134 ---Lon 80 01. 362

Mark 2 is **RB-1** Lake Worth Entrance Outer Buoy -- [RW" LW" MO(A)]

Mark 3 is **RB-2** Lake Worth Starboard Entrance Buoy -- [R "2" LW Entrance Buoy]

Finish location: -- Lat 26 44. 635 -- Lon 80 01. 113 – same as the start.

Time limit as per NOR, the course may be shortened due to weather however.

All yachts please come close aboard to register.

# Castaways Sailing Club & Palm Beach Sailing Club

## Offshore Sailing

### Release of Liability and Entry Form

Yacht Name: \_\_\_\_\_ Sail Number: \_\_\_\_\_

Yacht Type: \_\_\_\_\_ Yacht Make: \_\_\_\_\_

Overall Length: \_\_\_\_\_ Draft: \_\_\_\_\_ PHRF Rating\*\* : \_\_\_\_\_ Class: \_\_\_\_\_

Skipper Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Telephone (day) \_\_\_\_\_ (night): \_\_\_\_\_

Email: \_\_\_\_\_

In consideration of your accepting my application in racing events by Castaways Sailing, Inc. or the Palm Beach Sailing Club, I hereby waive, release, hold harmless and discharge any and all claims for death, personal injury or property damage which I may have, or which subsequently accrue to me or my crew, as a result of my participation in yacht racing. The release is intended to release and hold harmless the promoters, sponsors, the promoting club(s), the officials, any involved municipalities and other public entities, and the United States Sailing Association from and against any and all liability arising out of or connected in any way whatsoever with my participation in yacht racing, even though that liability may arise out of the negligence or carelessness on the part of the persons or entities mentioned above.

I further understand that serious accidents occasionally occur during yacht racing and that participants in yacht racing occasionally sustain mortal or serious injuries, and/or property damage, as a consequence thereof. I knowingly assume the risks of yacht racing and hold harmless all of the persons or the aforementioned entities that might otherwise be liable to me or my heirs or assigns for damages. I further acknowledge that the decision to race is solely that of the vessel skipper and that the skipper is responsible for any and all actions by his/her crew.

It is the skipper's responsibility to obtain a signed release from each member of his or her crew before the race begins. In the event that the captain fails to obtain a release from a crew member, the captain agrees to protect, indemnify and hold harmless the aforementioned persons or entities from any claims for damages or compensation that they may have to pay arising from injuries to that crew member due to the negligence of the aforementioned persons or entities.

I agree to abide by all Regatta Notices and Sailing Instructions for those events and rules of the United States Sailing Association.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Skipper

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Owner (if different from the skipper)

**\*\* Please attach your Current SF PHRF or MSAF Certificate.**