

Palm Beach Sailing Club

Summer Camp 2009

Parent Information

WHERE: The Palm Beach Sailing Club is located at 4600 North Flagler Drive on the beautiful **Intracoastal Waterway**. From I-95 take 45th Street East to North Flagler Drive. Turn left (North) on Flagler Drive — The club will be on your immediate right.

WHAT TO BRING:

- A Coast Guard Approved Flotation Device (also known as a Life Jacket) that fits your child properly. West Marine, Wal-Mart or any boating store will sell these. Life jackets specifically for sailing are preferred. Check the size and weight for a proper fit. Don't forget to put your child's name on the inside.
- Sunscreen. A waterproof sunscreen with an SPF of 30 or higher is recommended. We also suggest a hat and sunglasses.
- Drinking water. Prevent dehydration. We encourage campers to bring plenty of water. PBSC will also offer water while campers are sailing.
- Closed-toe water shoes. Old sneakers work well. Your child may end up swimming in them. These shoes will get wet!
- A dry change of clothes and a towel.
- Sailing Gloves. Gloves are not required but they help to keep young hands young. Saltwater drenched sailboat lines can cause skin irritation.
- For those children taking advantage of our all-day session, please pack a lunch. There is refrigeration available in the boathouse.
- We recommend you put your child's name on any item he or she might bring to Camp.

WHEN: Arrive 10 minutes early if possible so your child can begin setting up his or her boat. Check in with a staff member or instructor in the clubhouse upon arrival. We want to maximize class time so the campers can get the most from their sailing experience. Please pick up your child promptly when the session ends. A.M. sessions begin at 9:00 and end at 12:00 noon and P.M. sessions begin at 1:00 and end at 4:00. Full day sessions begin at 9:00 and end at 4:00.

SAILING ON: Some campers will discover a lifelong love of sailing. The Palm Beach Sailing Club offers ongoing junior programs and racing teams as well as adult sail training and social functions. You can pick up information on our programs and club membership at the office, visit our website at www.pbsail.org or call (561) 881-0809.

ADDITIONAL SESSIONS: If you would like to sign up for additional sessions or want to take advantage of our all day option, please do so soon. Our camp sessions are filling up fast and we don't want to disappoint anyone. *See you on the water...*

The Palm Beach Sailing Club
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www.pbsail.org